

### Cost Containment Solutions

Benefits of Medical Bill Review.  
With large Hospital Bills using the programs and techniques implemented we will reduce and negotiate on your behalf, and give you peace of mind.

#### **Our Negotiations are available to the Individual Consumer.**

Reduce expenses, medical, audit, legal administrative.

Improved loss ratio and provider relationship.

Increase adjuster capacity and PPO retention.

Integration with medical bill review, PBM and PPO programs.

Track expenses on Medical, Dental, Rx, Durable Medical Equipment; Review, Recover, and Provide Support Services.

We retain the Risk and you receive the reward!

Cost Containment Solutions would like to perform an in-depth test audit on 2-3 of your out-of-network medical claims over \$5000 dollars each to screen for potential cost-savings for you. We will perform this service free. This will demonstrate your savings.

Absolutely FREE...No Obligation...No Risk.

Why are we making you this exclusive offer? It's simple...talk is cheap...and the true test of our capabilities is to show you first hand how we can reduce your medical claims.



### Cost Containment Solutions



Management of  
Workers' Compensation / Consumer  
Healthcare Bill Review with  
Peace of Mind



## Cost Containment Solution

Specialization in Hospital Medical Bill Review  
Negotiations and Reductions

Phone: 615.872.5401

Toll: 866.236.4910

[www.CostContainmentSolutions.com](http://www.CostContainmentSolutions.com)



### National Medical Bill Review and Cost Containment Programs

- **Workers' Compensation Program** provides medical analysis and review services. Network and non-network workers' compensation bills.
- **Liability / Auto-PIP Program** reviews the medical bills associated with first-party, third-party injuries, and demand packages.
- **Consumer Group Health Program** addresses high dollar, Non / Network group health bills.
- **Maritime Injuries / Jones Act Longshore Harbor (F.E.L.A.)**
- **Prompt Pay Negotiation Services**
- **Cost Containment Consulting**
- **Risk Management Consulting Services**
- **Workers' Compensation Program Evaluation, Ergonomics, MSA's, Nurse Case Management and Safety Assessments.**
- **Safety and Loss Prevention**

*Management of  
Workers' Compensation  
Bill Review with  
Cost Containment  
Solutions*

Cost Containment Solutions has pioneered managed care services and has become a leading provider of medical bill review solutions and service within the workers' compensation industry.

Through the use of integrated processes, Cost Containment Solutions strives to reduce cost and improve outcomes of workers' compensation claims via a state-of-the-art automated system that generates accurate reviews and maximum savings. Utilizing thorough medical bill review, scheduling, rapid turnaround, customized reporting and electronic data transfer, the company can design a program suitable to any customer's unique needs. To that end, Cost Containment Solutions has developed the Five Point Profile that supports customer's cost containment programs by customizing services to meet specific requirements.

The company performs usual and customary review, adjusts medical, hospital, surgical and pharmacy bills using the Official Medical Fee Schedule, the Official Inpatient Fee Schedule (where applicable) and discounts generated by PPO and pharmacy networks.



**WHY BILL REVIEW?**

Bill review companies save payors millions of dollars in health care fees every year. A recent audit by the General Accounting Office of the Federal Government found overcharges on 95% of provider bills. Charges for treatment of work related injuries are regulated by law in every state in the U.S., yet less than 1% of health care providers bill their services at the statutory rates.

**A COMPLEX PROCESS**

Reviewing and repricing a medical bill is a technical procedure that requires skilled personnel and sophisticated software to take every allowable reduction. There are over 7,000 five-digit codes used for health care services and procedures. This makes it impossible to validate charges manually. Because there are so many facets involved in the repricing of a bill, it is best handled by technical and health care experts using specially developed software.

15% - 45%  
additional  
savings!

**Cost Containment Solutions  
Advanced-Audit Negotiated  
Discount Service**

Designed for facility bills, both in-patient and out-patient, where fee schedule/PPO discounts are not applicable Bills are audited for appropriateness, reasonable charges, and unbundling of procedures.

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Nashville, TN 37229**

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National Hospital Medical Bill Review and  
Cost Containment Programs**